

TODAY'S SERVICE

CULTIVATING CONNECTION WITH SELF, OTHERS, THE WIDE WORLD, AND GOD

FEEL FREE TO USE PRONOUNS OF YOUR CHOICE FOR ALL SONGS AND PRAYERS

Chimes

Call to Worship: Come Fall On Us

A thankful heart prepares the way for you my God
 A thankful heart prepares the way for you my God
 Come fall on us, we fall on you,
 A thankful heart will be our rhythm
 Come fall on us, we fall on you,
 A thankful heart will be our song

Sarum Prayer:

God be in my head
 and in my understanding;
 God be in my eyes
 and in my looking;
 God be in my mouth
 and in my speaking;
 God be in my heart
 and in my thinking;
 God be at my end
 and at my departing

Children's Minute

A reading from the book of Exodus, Chapter 1

A new king arose over Egypt who knew not Joseph. And he said to his people, "Look, the people of the sons of Israel is more numerous and vaster than we. Come, let us be shrewd with them lest they multiply and then, should war occur, they will actually join our enemies and fight against us and go up from the land." And they set over them forced labor foremen so as to abuse them with their burdens, and they built store cities for Pharaoh: Pithom and Ramses. And as they abused them, so did they multiply and so did they spread, and they came to loathe the Israelites. And the Egyptians put the Israelites to work at crushing labor, and they made their lives bitter with hard work with mortar and bricks and every work in the field--all their crushing work that they performed.

Announcements

Sermon

Body Awareness Meditation

Candles

Prayer for loved ones: Jill, Barbara, Kent, Leah, Erin, Linette, Julie, Kia, Steve and Jeff, Mike and Janine, Brooke, Ben and Naomi, Natalie, Ray, Linda, Ken and Eleanor, Kevin, Holly Ann, Pat, Chio, Mindy, Allison, Kim, Jamie, Anne, Lauretta, Bob, Bishop Flunder, Bishop Bonnie Perry, Bishop Darrell Goodwin, Lilliana, James, Julia, Leah, Wanda, Tonya, Alicia, Patrisse, Opal, Ozone House, immigrants

Lord's Prayer

Our Mother in heaven, hallowed be your name.
 Your kin_dom come, your will be done,
 on earth as it is in heaven.
 Give us today our daily bread.
 And forgive us our sins,
 as we forgive those who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kin_dom, the power, and the glory are yours. Now and forever. Amen.

Communion

Youth Group Minute

Song: She's Always Been Faithful

Morning by morning I wake up to find
 The power and comfort of God's hand in mine
 Season by season I watch Her, amazed
 In awe of the mystery of Her perfect ways
 All I have need of, Her hand will provide
 She's always been faithful to me.

This is my anthem, this is my song
 The theme of the stories I've heard for so long
 God has been faithful, She will be again
 Her loving compassion, it knows no end
 All I have need of, Her hand will provide
 She's always been faithful
 She's always been faithful to me.

A Benediction

Jesus said, "Find out what this means: I desire mercy, not sacrifice, says the Lord." Let us approach this day, wondering what mercy means for us, for the people around us, and for the world in which we live.

Go in peace.

Wash your hands.

Love your neighbors.

You are not alone.