**Today's Service**

*Cultivating connection with self, others, the wide world, and God*

*Feel free to use pronouns of your choice for all songs and prayers*

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**Chimes**

**Call to Worship: Come Fall On Us**
A thankful heart prepares the way for you my God
A thankful heart prepares the way for you my God
Come fall on us, we fall on you,
A thankful heart will be our rhythm
Come fall on us, we fall on you,
A thankful heart will be our song

**Sarum Prayer:**
God be in my head
    and in my understanding;
God be in my eyes
    and in my looking;
God be in my mouth
    and in my speaking;
God be in my heart
    and in my thinking;
God be at my end
    and at my departing

**Children's Minute**

*A reading from the book of Exodus, Chapter 1*
A new king arose over Egypt who knew not Joseph. And he said to his people, “Look, the people of the sons of Israel is more numerous and vaster than we. Come, let us be shrewd with them lest they multiply and then, should war occur, they will actually join our enemies and fight against us and go up from the land.” And they set over them forced labor foremen so as to abuse them with their burdens, and they built store cities for Pharaoh: Pithom and Ramses. And as they abused them, so did they multiply and so did they spread, and they came to loathe the Israelites. And the Egyptians put the Israelites to work at crushing labor, and they made their lives bitter with hard work with mortar and bricks and every work in the field—all their crushing work that they performed.

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**Announcements**

**Sermon**

**Body Awareness Meditation**

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**Candles**

**Prayer for loved ones:** Jill, Barbara, Kent, Leah, Erin, Linette, Julie, Kia, Steve and Jeff, Mike and Janine, Brooke, Ben and Naomi, Natalie, Ray, Linda, Ken and Eleanor, Kevin, Holly Ann, Pat, Chio, Mindy, Allison, Kim, Jamie, Anne, Lauretta, Bob, Bishop Flunder, Bishop Bonnie Perry, Bishop Darrell Goodwin, Lilliana, James, Julia, Leah, Wanda, Tonya, Alicia, Patrisse, Opal, Ozone House, immigrants

**Lord’s Prayer**
Our Mother in heaven, hallowed be your name.
Your kin_dom come, your will be done,
on earth as it is in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kin-dom, the power, and the glory are yours. Now and forever. Amen.

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**Communion**

**Youth Group Minute**

**Song: She’s Always Been Faithful**
Morning by morning I wake up to find
The power and comfort of God’s hand in mine
Season by season I watch Her, amazed
In awe of the mystery of Her perfect ways
All I have need of, Her hand will provide
She’s always been faithful to me.

This is my anthem, this is my song
The theme of the stories I’ve heard for so long
God has been faithful, She will be again
Her loving compassion, it knows no end
All I have need of, Her hand will provide
She’s always been faithful
She’s always been faithful to me.
A Benediction

Jesus said, “Find out what this means: I desire mercy, not sacrifice, says the Lord.” Let us approach this day, wondering what mercy means for us, for the people around us, and for the world in which we live.

Go in peace.
Wash your hands.
Love your neighbors.
You are not alone.