

TODAY'S SERVICE

CULTIVATING CONNECTION WITH SELF, OTHERS, THE WIDE WORLD, AND GOD

FEEL FREE TO USE PRONOUNS OF YOUR CHOICE FOR ALL SONGS AND PRAYERS

Chimes

Call to Worship: Come Fall On Us

A thankful heart prepares the way for you my God
 A thankful heart prepares the way for you my God
 Come fall on us, we fall on you,
 A thankful heart will be our rhythm
 Come fall on us, we fall on you,
 A thankful heart will be our song

Sarum Prayer:

God be in my head
 and in my understanding;
 God be in my eyes
 and in my looking;
 God be in my mouth
 and in my speaking;
 God be in my heart
 and in my thinking;
 God be at my end
 and at my departing

Children's Minute

A reading from the letter of James, chapter 1:

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

Announcements

Sermon

Body Awareness Meditation

Candles

Prayer for loved ones: Ed, LaTisha, Malik, Kia, Rosie, Bruce, Rosalinda, Sanjay, Mike and Janine, Brooke, Ben and Naomi, Natalie, Linda, Ken and Eleanor, Kevin, Holly Ann, Pat, Chio, Mindy, Allison, Kim, Jamie, Anne, Laretta, Bob, Bishop Evette Flunder, Bishop Bonnie Perry, Bishop Darrell Goodwin, Lilliana, James, Julia, Leah, Wanda, Tonya, Alicia, Patrisse, Opal, Ozone House, immigrants.

Lord's Prayer

Our Mother in heaven, hallowed be your name.
 Your kin_dom come, your will be done,
 on earth as it is in heaven.
 Give us today our daily bread.
 And forgive us our sins,
 as we forgive those who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kin_dom, the power, and the glory are yours. Now
 and forever. Amen.

Communion

Mama Bear Minute

Song: Holy Spirit

There's nothing worth more
 that would ever come close,
 No thing can compare,
 You're our living Hope,
 Your presence, Lord.

I've tasted and seen of the sweetest of loves,
 When my heart becomes free and my shame is undone,
 Your presence, Lord.

Holy Spirit You are welcome here,
 Come flood this place and fill the atmosphere.
 Your glory God is what our hearts long for,
 To be overcome by Your presence, Lord.

Let us become more aware of Your presence.
 Let us experience the glory of Your goodness.

A Benediction

Meister Eckhart, 13th Century German Mystic: God is not what you think, or even what you believe, for God is a word unspoken, a thought unthought, a belief unbelieved. So if you wish to know this Go, practice wonder, do what is good, and cultivate silence. The rest will follow.

Go in peace.

Wash your hands.

Love your neighbors.

You are not alone.