
SUNDAY SERVICE

CULTIVATING CONNECTION WITH SELF, OTHERS, THE WIDE WORLD, AND GOD

FEEL FREE TO USE PRONOUNS OF YOUR CHOICE FOR ALL SONGS AND PRAYERS

Chimes

Call to Worship: Come Fall On Us

A thankful heart prepares the way for you my God
 A thankful heart prepares the way for you my God
 Come fall on us, we fall on you,
 A thankful heart will be our rhythm
 Come fall on us, we fall on you,
 A thankful heart will be our song

Sarum Prayer:

God be in my head
 and in my understanding;
 God be in my eyes
 and in my looking;
 God be in my mouth
 and in my speaking;
 God be in my heart
 and in my thinking;
 God be at my end
 and at my departing

Children's Minute

A Reading from the letter to the Ephesians (Eph.

1:3-6): Praise be to the God and Father of our Lord Jesus Christ. In Jesus, God has given us every spiritual blessing in heaven. In Jesus, God chose us before the world was made. God chose us in love to be their holy people—people who could stand before God without any fault. And before the world was made, God decided to make us their own children through Jesus. This was what God wanted, and it pleased God to do it. And this brings praise to God because of their wonderful grace--given freely to us through Jesus, whom God loves.

Announcements

Sermon

Candles

Prayer for Loved Ones:

Anna, Kirk and Kristin, Candice, Kharin, Ted, Mike and Janine, Brooke, Ben and Naomi, Natalie, Linda, Ken and Eleanor, Eddie, Kevin, Holly Ann, Pat, Mindy, Allison, Kim, Jamie, Rachel, Erika, Liam, William, Anne, Lauretta, Bob, Gio, Bishop Yvette Flunder, Bishop Bonnie Perry, Bishop Darrell Goodwin, Bishop Phyllis Pennese, Brown, Lilliana, Leah, Alicia, Patrisse, Opal, Ozone House, immigrants.

The Lord's Prayer:

Our Mother in heaven, hallowed be your name.
 Your kin_dom come, your will be done,
 on earth as it is in heaven.
 Give us today our daily bread.
 And forgive us our sins,
 as we forgive those who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kin_dom, the power, and the glory are yours. Now
 and forever. Amen.

Communion

Song: Blue Ocean

God I admit there's been times I've tried to pin you down
 Times I've made you small to fit my own reality
 And I repent of when I've used you to exalt myself,
 Get my way, or hurt someone else
 I know that's not who I'm meant to be

Because certainty just can't compete w the mystery of You
 So I'm done trying to box you in, instead I'll fall into

The deep deep waters of the big blue ocean
 With it's power and its beauty
 So wild and so free

I step out even further and the waves crash over me
 I see trying to contain you is like trying to tame the sea

So now instead, we choose being loved over being right
 Letting go of anything that doesn't set us free
 And now we get to see the wonder in the simple things
 Have open hands for what life brings
 Trusting in the hope we've yet to see

(Bridge/Chorus)

Oh oh oh So Holy Spirit come
Eyes on you we walk on water
Going where you will, oh lead...
Have your way with us
As we join in dancing
To your rhythm to your beat

(Chorus)

You're wild and free

Benediction

May the Lord bless you with the freedom to relax into the art of being yourself, in the earthy, vulnerable, flesh and blood way of humanity. Yes, freedom to be your version of that glorious whatever-it-is. May the Lord grant you wisdom to acknowledge and accept who you are and the courage to present yourself to God and to the world around you without shame, regret, or apology. And may the Lord give you power, together with all God's children, to embrace and celebrate the different ways that each of us participates in this God-given splendor. As Scripture reminds us, "The whole creation waits with eager longing for the children of God to be revealed."

Go in peace, wash your hands, love your neighbor, you are not alone