This has been a tough season for all of us in one way or another. As you reflect on the changes that have come with the pandemic over the past year or so, complete the sentences below. You may write more than one answer if you choose. There are no wrong answers; the Creator knows our deepest thoughts and there is room for all of our emotions in the faith community.

What is something you’ve gained from the last year and a half of pandemic life?

1.____________________________________________________________________________

____________________________________________________________________________

2.____________________________________________________________________________

____________________________________________________________________________

3.____________________________________________________________________________

____________________________________________________________________________

What is something you’ve lost—or something you grieve—from the last year and a half of pandemic life?

1.____________________________________________________________________________

____________________________________________________________________________

2.____________________________________________________________________________

____________________________________________________________________________

3.____________________________________________________________________________

____________________________________________________________________________